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Date: \_\_\_\_\_

**CHILD'S HEALTH HISTORY QUESTIONNAIRE**

Please help us provide you with a complete evaluation by taking the time to fill out this questionnaire carefully. All of your answers will be held absolutely confidential. If you have questions, please ask. If there is anything you wish to bring to our attention which is not asked on this form, please note it in the Comments section.  
Thank you.

YOUR CHILD'S NAME: \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

PLACE OF BIRTH \_\_\_\_\_ HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_

MOTHER'S NAME \_\_\_\_\_ FATHER'S NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

YOUR PHONE \_\_\_\_\_ IN EMERGENCY CONTACT \_\_\_\_\_ PHONE \_\_\_\_\_

FAMILY PHYSICIAN \_\_\_\_\_ REFERRED BY \_\_\_\_\_

Your child's main problem: \_\_\_\_\_

When did this problem start?: \_\_\_\_\_

What treatments have you tried? \_\_\_\_\_

Past medical history: Surgery \_\_\_\_\_

Trauma (accidents requiring significant medication) \_\_\_\_\_

Other \_\_\_\_\_

Any problems with: Pregnancy \_\_\_\_\_ Birth: \_\_\_\_\_

Please list immunizations, with dates and any reaction you noticed:

DPT: 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_ Reactions \_\_\_\_\_

APV 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_ \_\_\_\_\_

MMR 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_ \_\_\_\_\_

Others 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_ 3<sup>rd</sup> \_\_\_\_\_ \_\_\_\_\_

What medication is your child taking (orthodox and complementary)? \_\_\_\_\_

Has s/he had many courses of antibiotics? Lots: \_\_\_\_\_ Medium \_\_\_\_\_ Few \_\_\_\_\_ None \_\_\_\_\_

Allergies (drugs, chemicals, foods) \_\_\_\_\_

Does your child wake at night? \_\_\_\_\_ How many times? \_\_\_\_\_

DIET. Would you say that your child's appetite was: good \_\_\_\_\_ medium \_\_\_\_\_ small \_\_\_\_\_ Is s/he choosy over food? (Y / N) \_\_\_\_\_

How much does your child have of the following each day? Cows Milk \_\_\_\_\_ Cheese \_\_\_\_\_ Cola \_\_\_\_\_

Juice \_\_\_\_\_ Oranges \_\_\_\_\_ Bananas \_\_\_\_\_ Sugar \_\_\_\_\_ Sweets \_\_\_\_\_

Does s/he take dietary supplements?: \_\_\_\_\_ If so which type? \_\_\_\_\_

**GENERAL**

- Recurrent infections
- Sweating
- Sweating on head
- Sweating after feeding
- Strong thirst
- Fatigue
- Sudden energy drops
- Underweight

**SKIN**

- Pimples
- Rashes
- Itching
- Eczema
- Oozing
- Pimples

**HEAD EYES**

**EARS NOSE THROAT**

- Tonsillitis
- Headaches
- Earache
- Discharge from ear
- Vision problems
- Squint
- Spectacles
- Sore eyes
- Watery eyes
- Nose bleeds
- Nasal discharge
- Blocked nose
- Snoring
- Sore throats
- Tonsillitis

**DIGESTION**

- Colic
- Loose Stools
- Evil smelling stools
- Green stools
- Constipation (does not go every day)
- Painful to pass stools
- Gas
- Swollen tummy
- Protruding umbilicus
- Other digestive problems
- Teething Problems

**GENITO-URINARY**

- Pain on urination
- Blood in urine
- Leakage in day
- Wets bed
- Rashes

**MUSCULOSKELETAL**

- Wry Neck
- Aching Back
- Clicky Hips
- Overweight
- Hernia

**NEUROLOGICAL**

- Seizures
- Nerve damage
- Paralysis

**DEVELOPMENTAL**

- Small for age
- Large for age
- Late developer
- Retarded

**BEHAVIORAL**

- Difficulty in concentrating
- Vacant
- Moody
- Aggressive
- Temper tantrums
- Autism
- \_\_\_\_\_ Other

**WHAT THERAPIES HAVE**

**YOU TRIED?**

- Acupuncture
- Homeopathy
- Herbology
- Naturopathy

**ANYTHING ELSE**

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**COMMENTS**

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**RESPIRATORY**

- Phlegm
- Recurrent cough
- Bronchitis
- Pneumonia
- Asthma